

Health Education February 2019

American Heart Month

Sun	Mon	Tue	Wed	Thu	Fri	Sat
					<p><i>1</i> <i>Weight Loss Class</i> <i>10am - 11am</i> <i>3rd floor staff lounge</i> <i>57 West Burnside Av</i> <i>Bronx NY 10453</i></p>	<p><i>2</i> <i>Diabetes</i> <i>Workshop</i> <i>10am - 11am</i> <i>Walton Board room</i> <i>25 East 183rd Street</i></p>
<p><i>3</i></p>	<p><i>4</i> <i>Reach Out and</i> <i>Read Literacy</i> <i>3pm - 3:30pm</i> <i>Pediatrics</i> <i>85 West Burnside Ave</i></p>	<p><i>5</i> <i>Heart Health</i> <i>Awareness</i> <i>3pm - 3:30pm</i> <i>Pediatrics / Adult Med</i> <i>85 West Burnside Ave</i></p>	<p><i>6</i> <i>Heart Health</i> <i>Awareness</i> <i>8am -9am</i> <i>85 West Burnside Ave</i> <i>and 57 West Burnside</i> <i>Ave B2 Specialty</i></p>	<p><i>7</i> <i>Heart Health</i> <i>Awareness</i> <i>8am – 9am</i> <i>Women’s Health</i> <i>70 West Burnside Ave</i></p>	<p><i>8</i> <i>Heart Health</i> <i>Awareness</i> <i>8am -9am</i> <i>85 West Burnside Ave</i> <i>and 57 West Burnside</i> <i>Ave B2 Specialty</i></p>	<p><i>9</i> <i>Hypertension</i> <i>Workshop</i> <i>10am - 11am</i> <i>Walton Board room</i> <i>25 East 183rd Street</i></p>
<p><i>10</i></p>	<p><i>11</i> <i>Reach Out and</i> <i>Read Literacy</i> <i>3pm - 3:30pm</i> <i>Pediatrics / WIC</i> <i>85 West Burnside Ave</i></p>	<p><i>12</i> <i>Asthma Workshop</i> <i>4:00pm - 5:00pm</i> <i>Walton Board Room</i> <i>25 East 183rd Street</i> <i>Bronx NY 10453</i></p>	<p><i>13</i> <i>Heart Disease</i> <i>Presentation</i> <i>By Empire BlueCross</i> <i>2pm - 3pm</i> <i>85 West Burnside Ave</i></p>	<p><i>14</i> <i>Heart Health</i> <i>Awareness</i> <i>8am -9am</i> <i>85 West Burnside Ave</i> <i>and 57 West Burnside</i> <i>Ave B2 Specialty</i></p>	<p><i>15</i> <i>Healthy eating</i> <i>workshop for families</i> <i>and children</i> <i>8:30am-9:30am</i> <i>PS 396</i></p>	<p><i>16</i> <i>Diabetes</i> <i>Workshop</i> <i>10am - 11am</i> <i>Walton Board room</i> <i>25 East 183rd Street</i></p>

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17	18 President's Day	19 <i>Fitness and Nutrition Workshop</i> 6pm - 7:30pm <i>Sotomayor Center</i> 1000 Rosedale Ave	20 <i>Black History Month Presentation</i> 2:00pm - 2:30pm 825 East 233rd Street Bronx NY 10453	21 <i>Heart Health Awareness</i> 8am -9am <i>Women's Health</i> 70 West Burnside Ave	22 <i>National Diabetes Prevention Program</i> 10am - 11am 3rd floor staff lounge 57 West Burnside Av	23 <i>Weight Loss Workshop</i> 10:30am - 12pm 3rd floor Conference room 85 West Burnside Ave
24	25 <i>Reach Out and Read Literacy</i> 3pm - 3:30pm <i>Pediatrics</i> 85 West Burnside Ave	26 <i>Teen Night</i> 3pm - 5:30pm <i>Main Lobby</i> 25 East 183rd Street Bronx NY 10453	27 <i>Heart Health Awareness</i> 8am -9am 85 West Burnside Ave and 57 West Burnside Ave B2 Specialty	28 <i>Heart Health Awareness</i> 8am -9am <i>Women's Health</i> 70 West Burnside Ave		